



43. Brockenlauf
Ilseburg / 07.09.2013

Detailed evaluation

Berndt, Markus

Club: Skiclub Ilseburg
Number: 728

Course: 9.60 km
9,6 km - Lauf

Category:
Senioren M30 (30-34 Jahre)

Total time: 54:55

Speed: 9.83 km/h
Running performance: 5:43 min/km

Rank in course/Total: 96 (of 170)

Rank in course/Men: 74 (of 111)

Best time in course: 33:31

Rank in category: 9(of 11)

Best time in the category: 38:59

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total ranking | | | | | | |
|----------------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|---------------|---------------|-----------------|-------------|----------------|------------|---------------|
| | | | | | | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Ilsestein | 4.10 | 27:46 | 6:46 | 8 | 8:14 | 74 | 11:23 | 4.10 | 27:46 | 6:46 | 9 | 8:14 | 73 | 11:05 |
| Loddenke | 2.20 | 10:45 | 4:53 | 8 | 2:47 | 61 | 4:11 | 6.30 | 38:31 | 6:06 | 9 | 10:46 | 73 | 15:16 |
| Ilseburg/Markt | 3.30 | 16:24 | 4:58 | 9 | 5:10 | 71 | 6:11 | 9.60 | 54:55 | 5:43 | 9 | 15:56 | 74 | 21:24 |