



43. Brockenlauf
Ilsenburg / 07.09.2013

Detailed evaluation

Thiele, Nina

Club: LSV Ilmenau
Number: 629

Course: 9.60 km
9,6 km - Lauf

Category:
weibliche Jugend U20 (18-19 Jahre)

Total time: 55:39

Speed: 9.70 km/h
Running performance: 5:48 min/km

Rank in course/Total: 102 (of 170)

Rank in course/Women: 25 (of 59)

Best time in course: 40:00

Rank in category: 2(of 2)

Best time in the category: 53:06

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking					
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women
Ilsestein	4.10	28:01	6:50	2	0:06	26	8:01	4.10	28:01	6:50	2	0:06	54
Loddenke	2.20	10:34	4:48	2	0:22	18	2:46	6.30	38:35	6:07	2	0:28	54
Ilsenburg/Markt	3.30	17:04	5:10	2	2:05	31	4:55	9.60	55:39	5:47	2	2:33	25 15:39