



43. Brockenlauf
Ilseburg / 07.09.2013

Detailed evaluation

Gerlach, Nicole

Club: NSV Wernigerode
Number: 664

Course: 9.60 km
9,6 km - Lauf

Category:
weibliche Jugend U18 (16-17 Jahre)

Total time: 57:02

Speed: 10.10 km/h
Running performance: 5:56 min/km

Rank in course/Total: 111 (of 170)

Rank in course/Women: 30 (of 59)

Best time in course: 40:00

Rank in category: 2(of 2)

Best time in the category: 47:32

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking					
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women
Ilsestein	4.10	28:43	7:00	2	4:35	29	8:43	4.10	28:43	7:00	2	4:35	59
Loddenke	2.20	10:32	4:47	2	1:02	17	2:44	6.30	39:15	6:13	2	5:37	59
Ilseburg/Markt	3.30	17:47	5:23	2	3:53	36	5:38	9.60	57:02	5:56	2	9:30	30 17:02