



43. Brockenlauf
Ilseburg / 07.09.2013

Detailed evaluation

Hirsch, Robert

Club: Dessau-Rosslauer HV 06
Number: 697

Course: 9.60 km
9,6 km - Lauf

Category:
Männer (20-29 Jahre)

Total time: 57:22

Speed: 9.41 km/h
Running performance: 5:59 min/km

Rank in course/Total: 113 (of 170)

Rank in course/Men: 83 (of 111)

Best time in course: 33:31

Rank in category: 16(of 17)

Best time in the category: 33:31

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ilsestein	4.10	29:21	7:09	16	12:58	86	12:58	4.10	29:21	7:09	3	6:30	82	12:40
Loddenke	2.20	12:09	5:31	16	5:35	91	5:35	6.30	41:30	6:35	3	8:51	82	18:15
Ilseburg/Markt	3.30	15:52	4:48	14	5:39	67	5:39	9.60	57:22	5:58	16	23:51	83	23:51