



43. Brockenlauf
Ilseburg / 07.09.2013

Detailed evaluation

Rößler, Andy

Club: Harz-Gebirgslauf Wernigerode
Number: 605

Course: 9.60 km
9,6 km - Lauf

Category:
Senioren M40 (40-44 Jahre)

Total time: 57:42

Speed: 9.98 km/h
Running performance: 6:01 min/km

Rank in course/Total: 115 (of 170)

Rank in course/Men: 84 (of 111)

Best time in course: 33:31

Rank in category: 10(of 14)

Best time in the category: 45:32

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ilsestein	4.10	28:21	6:54	10	5:24	80	11:58	4.10	28:21	6:54	10	5:24	84	11:40
Loddenke	2.20	11:24	5:10	10	2:32	77	4:50	6.30	39:45	6:18	10	7:56	84	16:30
Ilseburg/Markt	3.30	17:57	5:26	10	4:24	91	7:44	9.60	57:42	6:00	10	12:10	84	24:11