



43. Brockenlauf
Ilseburg / 07.09.2013

Detailed evaluation

Weigelt, Jens

Club: HV-Ilseburg
Number: 582

Course: 9.60 km
9,6 km - Lauf

Category:
Senioren M50 (50-54 Jahre)

Total time: 57:46

Speed: 9.35 km/h
Running performance: 6:01 min/km

Rank in course/Total: 116 (of 170)

Rank in course/Men: 86 (of 111)

Best time in course: 33:31

Rank in category: 8(of 8)

Best time in the category: 42:07

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ilsestein	4.10	29:31	7:11	8	8:33	88	13:08	4.10	29:31	7:11	8	8:33	85	12:50
Loddenke	2.20	11:34	5:15	8	2:58	80	5:00	6.30	41:05	6:31	8	11:31	85	17:50
Ilseburg/Markt	3.30	16:41	5:03	7	4:08	75	6:28	9.60	57:46	6:01	8	15:39	86	24:15