



43. Brockenlauf
Ilseburg / 07.09.2013

Detailed evaluation

Sommerschuh, Petra

Total time: 58:20

Club: ESV 49 Angermünde Laufgruppe -Die Lokvögel

Speed: 9.26 km/h

Number: 552

Running performance: 6:05 min/km

Course: 9.60 km

Rank in course/Total: 118 (of 170)

9,6 km - Lauf

Rank in course/Women: 32 (of 59)

Best time in course: 40:00

Category:

Rank in category: 3(of 11)

Seniorinnen W45 (45-49 Jahre)

Best time in the category: 55:28

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Ilsestein	4.10	30:57	7:32	3	3:37	42	10:57	4.10	30:57	7:32	3	3:17	2	
Loddenke	2.20	11:18	5:08	1	-	28	3:30	6.30	42:15	6:42	3	3:13	2	
Ilseburg/Markt	3.30	16:05	4:52	1	-	22	3:56	9.60	58:20	6:04	3	2:52	32	18:20