



43. Brockenlauf
Ilseburg / 07.09.2013

Detailed evaluation

Lindemann-Hackmann, Gitta

Club: MSV Eintracht Halberstadt
Number: 655

Course: 9.60 km
9,6 km - Lauf

Category:
Seniorinnen W55 (55-59 Jahre)

Total time: 59:11

Speed: 9.12 km/h
Running performance: 6:10 min/km

Rank in course/Total: 123 (of 170)

Rank in course/Women: 36 (of 59)

Best time in course: 40:00

Rank in category: 5(of 5)

Best time in the category: 53:49

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking					
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women
Ilsestein	4.10	30:02	7:19	5	2:51	37	10:02	4.10	30:02	7:19	5	2:51	6
Loddenke	2.20	11:02	5:00	2	0:16	25	3:14	6.30	41:04	6:31	5	3:07	6
Ilseburg/Markt	3.30	18:07	5:29	5	2:30	42	5:58	9.60	59:11	6:09	5	5:22	36 19:11