



43. Brockenlauf
Ilseburg / 07.09.2013

Detailed evaluation

Götz, Katja

Club: Kreuzvorwerk 36
Number: 724

Course: 9.60 km
9,6 km - Lauf

Category:
Seniorinnen W30 (30-34 Jahre)

Total time: 59:45

Speed: 9.04 km/h
Running performance: 6:13 min/km

Rank in course/Total: 126 (of 170)

Rank in course/Women: 37 (of 59)

Best time in course: 40:00

Rank in category: 6(of 6)

Best time in the category: 41:07

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking					
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women
Ilsestein	4.10	29:52	7:17	6	9:52	36	9:52	4.10	29:52	7:17	6	9:52	7
Loddenke	2.20	11:49	5:22	5	3:33	36	4:01	6.30	41:41	6:36	6	13:25	7
Ilseburg/Markt	3.30	18:04	5:28	6	5:13	41	5:55	9.60	59:45	6:13	6	18:38	37 19:45