



43. Brockenlauf
Ilseburg / 07.09.2013

Detailed evaluation

Stahl, Lothar

Total time: 59:54

Club: ESV 49 Angermünde Laufgruppe -Die Lokvögel
Number: 551

Speed: 9.02 km/h

Running performance: 6:14 min/km

Course: 9.60 km

Rank in course/Total: 127 (of 170)

9,6 km - Lauf

Rank in course/Men: 90 (of 111)

Best time in course: 33:31

Category:

Rank in category: 3(of 7)

Senioren M70 (70-74 Jahre)

Best time in the category: 53:33

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ilsestein	4.10	30:51	7:31	3	3:22	94	14:28	4.10	30:51	7:31	3	3:22	89	14:10
Loddenke	2.20	11:52	5:23	2	1:26	88	5:18	6.30	42:43	6:46	3	4:48	89	19:28
Ilseburg/Markt	3.30	17:11	5:12	3	1:33	84	6:58	9.60	59:54	6:14	3	6:21	90	26:23