



43. Brockenlauf
Ilseburg / 07.09.2013

Detailed evaluation

Lange, Moritz

Club: LG Streitholz-Drübeck
Number: 561

Course: 3.90 km
3,9 km - Lauf

Category:
männliche Jugend U14 (12-13 Jahre)

Total time: 19:25

Speed: 12.05 km/h
Running performance: 4:59 min/km

Rank in course/Total: 13 (of 41)

Rank in course/Men: 11 (of 26)

Best time in course: 14:52

Rank in category: 3(of 11)

Best time in the category: 17:29

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Prinzess Ilse Que	1.90	10:11	5:21	3	1:02	12	2:39	1.90	10:11	5:21	3	1:02	17	0:07
Ilseburg/Markt	2.00	9:14	4:36	3	0:54	9	1:54	3.90	19:25	4:58	3	1:56	11	4:33