



43. Brockenlauf
Ilseburg / 07.09.2013

Detailed evaluation

Engelmann, Dieter

Club: GMRL
Number: 692

Course: 9.60 km
9,6 km - Lauf

Category:
Senioren M65 (65-69 Jahre)

Total time: 1:00:35

Speed: 8.91 km/h
Running performance: 6:19 min/km

Rank in course/Total: 133 (of 170)

Rank in course/Men: 92 (of 111)

Best time in course: 33:31

Rank in category: 5(of 7)

Best time in the category: 49:54

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos		Behind		Total km	Total Time	Total min/km	Pos		Behind	
				Cat.	Men	Cat.	Men				Cat.	Men	Cat.	Men
Ilsestein	4.10	31:10	7:36	6	99	6:38	14:47	4.10	31:10	7:36	5	92	6:38	14:29
Loddenke	2.20	11:56	5:25	5	89	1:41	5:22	6.30	43:06	6:50	5	92	8:19	19:51
Ilseburg/Markt	3.30	17:29	5:17	4	86	2:22	7:16	9.60	1:00:35	6:18	5	92	10:41	27:04