



43. Brockenlauf
Ilseburg / 07.09.2013

Detailed evaluation

Reinshagen, Peter

Club: Ilseburg
Number: 530

Course: 9.60 km
9,6 km - Lauf

Category:
Senioren M65 (65-69 Jahre)

Total time: 1:00:52

Speed: 8.87 km/h
Running performance: 6:20 min/km

Rank in course/Total: 136 (of 170)

Rank in course/Men: 95 (of 111)

Best time in course: 33:31

Rank in category: 6(of 7)

Best time in the category: 49:54

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ilsestein	4.10	30:51	7:31	5	6:19	94	14:28	4.10	30:51	7:31	6	6:19	89	14:10
Loddenke	2.20	12:14	5:33	6	1:59	94	5:40	6.30	43:05	6:50	6	8:18	93	19:50
Ilseburg/Markt	3.30	17:47	5:23	5	2:40	90	7:34	9.60	1:00:52	6:20	6	10:58	95	27:21