



43. Brockenlauf
Ilsenburg / 07.09.2013

Detailed evaluation

Böttcher, Melanie

Club: Ilsenburg
Number: 705

Course: 9.60 km
9,6 km - Lauf

Category:
Frauen (20-29 Jahre)

Total time: 1:01:38

Speed: 8.76 km/h
Running performance: 6:25 min/km

Rank in course/Total: 140 (of 170)

Rank in course/Women: 44 (of 59)

Best time in course: 40:00

Rank in category: 8(of 11)

Best time in the category: 40:00

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking					
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women
Ilsestein	4.10	30:42	7:29	7	10:39	41	10:42	4.10	30:42	7:29	8	10:39	14
Loddenke	2.20	12:59	5:54	7	5:11	46	5:11	6.30	43:41	6:56	8	15:50	14
Ilsenburg/Markt	3.30	17:57	5:26	7	5:48	38	5:48	9.60	1:01:38	6:25	8	21:38	44 21:38