



43. Brockenlauf  
Ilseburg / 07.09.2013

Detailed evaluation

Decker, Wenke

Club: Thale  
Number: 662

Course: 9.60 km  
9,6 km - Lauf

Category:  
Seniorinnen W45 (45-49 Jahre)

Total time: 1:03:10

Speed: 9.12 km/h  
Running performance: 6:35 min/km

Rank in course/Total: 147 (of 170)

Rank in course/Women: 46 (of 59)

Best time in course: 40:00

Rank in category: 6(of 11)

Best time in the category: 55:28

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Ilsestein	4.10	32:06	7:49	6	4:46	48	12:06	4.10	32:06	7:49	6	4:26	1	-
Loddenke	2.20	12:21	5:36	5	1:03	40	4:33	6.30	44:27	7:03	6	5:25	1	-
Ilseburg/Markt	3.30	18:43	5:40	7	2:38	48	6:34	9.60	1:03:10	6:34	6	7:42	46	23:10