



43. Brockenlauf  
Ilseburg / 07.09.2013

Detailed evaluation

Blumenberg, Anke

Club: LG HARZ  
Number: 667

Course: 9.60 km  
9,6 km - Lauf

Category:  
Seniorinnen W45 (45-49 Jahre)

Total time: 1:04:40

Speed: 8.35 km/h  
Running performance: 6:44 min/km

Rank in course/Total: 151 (of 170)

Rank in course/Women: 48 (of 59)

Best time in course: 40:00

Rank in category: 7(of 11)

Best time in the category: 55:28

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Ilsestein	4.10	33:20	8:07	7	6:00	50	13:20	4.10	33:20	8:07	7	5:40	18	1:14
Loddenke	2.20	13:03	5:55	7	1:45	49	5:15	6.30	46:23	7:21	7	7:21	18	1:56
Ilseburg/Markt	3.30	18:17	5:32	4	2:12	43	6:08	9.60	1:04:40	6:44	7	9:12	48	24:40