



43. Brockenlauf
Ilseburg / 07.09.2013

Detailed evaluation

Bachmann, Elke

Club: Wandlitz
Number: 510

Course: 9.60 km
9,6 km - Lauf

Category:
Seniorinnen W45 (45-49 Jahre)

Total time: 1:08:27

Speed: 7.89 km/h
Running performance: 7:08 min/km

Rank in course/Total: 157 (of 170)

Rank in course/Women: 51 (of 59)

Best time in course: 40:00

Rank in category: 8(of 11)

Best time in the category: 55:28

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Ilsestein	4.10	33:25	8:09	8	6:05	51	13:25	4.10	33:25	8:09	8	5:45	21	1:19
Loddenke	2.20	15:16	6:56	11	3:58	56	7:28	6.30	48:41	7:43	8	9:39	21	4:14
Ilseburg/Markt	3.30	19:46	5:59	8	3:41	52	7:37	9.60	1:08:27	7:07	8	12:59	51	28:27