



43. Brockenlauf
Ilseburg / 07.09.2013

Detailed evaluation

Krumbiegel, Kristin

Club: Oststraße 24
Number: 726

Course: 9.60 km
9,6 km - Lauf

Category:
Frauen (20-29 Jahre)

Total time: 1:10:40

Speed: 7.64 km/h
Running performance: 7:22 min/km

Rank in course/Total: 165 (of 170)

Rank in course/Women: 56 (of 59)

Best time in course: 40:00

Rank in category: 10(of 11)

Best time in the category: 40:00

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Ilsestein	4.10	31:39	7:43	8	11:36	45	11:39	4.10	31:39	7:43	10	11:36	26	
Loddenke	2.20	18:20	8:19	11	10:32	59	10:32	6.30	49:59	7:56	10	22:08	26	5:32
Ilseburg/Markt	3.30	20:41	6:16	10	8:32	54	8:32	9.60	1:10:40	7:21	10	30:40	56	30:40