



43. Brockenlauf
Ilseburg / 07.09.2013

Detailed evaluation

Lenz, Winne

Club: Team Erdinger Alkoholfrei
Number: 959

Course: 26.20 km
26,2 km - Wanderung

Category:
Männer

Total time: 3:41:04

Speed: 7.11 km/h
Running performance: 8:26 min/km

Rank in course/Total: 2 (of 23)

Rank in course/Men: 2 (of 10)

Best time in course: 3:40:58

Rank in category: 2(of 10)

Best time in the category: 3:40:58

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	28:03	8:30	1	-	1	-	3.30	28:03	8:30	2		2	
Schlüsie	3.10	27:52	8:59	3	0:34	3	0:34	6.40	55:55	8:44	2	0:31	2	0:31
Hermannsklippe	2.60	24:04	9:15	3	1:26	3	1:26	9.00	1:19:59	8:53	2	1:57	2	1:57
Brocken	3.10	36:50	11:52	4	2:22	4	2:22	12.10	1:56:49	9:39	2	4:09	2	4:09
Eiserner Handwe	3.60	29:16	8:07	2	0:01	2	0:01	15.70	2:26:05	9:18	2	1:30	2	1:30
Schlüsie	4.10	26:43	6:30	1	-	1	-	19.80	2:52:48	8:43	2		2	
Loddenke	3.10	22:51	7:22	1	-	1	-	22.90	3:15:39	8:32	2		2	
Ilseburg/Markt	3.30	25:25	7:42	2	1:15	2	1:15	26.20	3:41:04	8:26	2	0:06	2	0:06