



43. Brockenlauf

Ilsenburg / 07.09.2013

Detailed evaluation

Knauer, Daniel

Club: Brockenlaufverein Ilsenburg
Number: 139

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M35 (35-39 Jahre)

Total time: 1:59:35

Speed: 13.05 km/h
Running performance: 4:34 min/km

Rank in course/Total: 12 (of 456)

Rank in course/Men: 12 (of 399)

Best time in course: 1:39:03

Rank in category: 3(of 39)

Best time in the category: 1:50:24

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	14:15	4:19	3	0:23	14	1:44	3.30	14:15	4:19	23		12	1:40
Schlüsie	3.10	16:05	5:11	4	1:02	16	2:43	6.40	30:20	4:44	23		12	4:20
Hermannsklippe	2.60	14:10	5:26	3	1:08	13	2:37	9.00	44:30	4:56	23		12	6:50
Brocken	3.10	22:27	7:14	3	1:55	12	4:26	12.10	1:06:57	5:31	23		12	10:53
Eiserner Handwe	3.60	14:16	3:57	3	1:20	11	2:13	15.70	1:21:13	5:10	23		12	13:03
Schlüsie	4.10	13:23	3:15	3	1:04	11	2:25	19.80	1:34:36	4:46	23		12	15:28
Loddenke	3.10	11:53	3:49	3	1:21	21	2:29	22.90	1:46:29	4:38	23		12	17:57
Ilsenburg/Markt	3.30	13:06	3:58	3	0:58	18	2:35	26.20	1:59:35	4:33	3	9:11	12	20:32