



43. Brockenlauf

Ilseburg / 07.09.2013

Detailed evaluation

Klemme, Jürgen

Club: LG TuS Lügde
Number: 322

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 2:00:26

Speed: 12.95 km/h
Running performance: 4:36 min/km

Rank in course/Total: 14 (of 456)

Rank in course/Men: 14 (of 399)

Best time in course: 1:39:03

Rank in category: 1(of 99)

Best time in the category: 2:00:26

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	14:57	4:31	6	0:45	28	2:26	3.30	14:57	4:31	88		14	2:22
Schlüsie	3.10	16:14	5:14	2	0:10	20	2:52	6.40	31:11	4:52	88		10	5:11
Hermannsklippe	2.60	14:15	5:28	1	-	14	2:42	9.00	45:26	5:02	88		14	7:46
Brocken	3.10	22:38	7:18	1	-	13	4:37	12.10	1:08:04	5:37	88		14	12:00
Eiserner Handwe	3.60	15:06	4:11	6	0:43	29	3:03	15.70	1:23:10	5:17	88		14	15:00
Schlüsie	4.10	14:00	3:24	1	-	19	3:02	19.80	1:37:10	4:54	88		14	18:02
Loddenke	3.10	11:09	3:35	1	-	9	1:45	22.90	1:48:19	4:43	88		14	19:47
Ilseburg/Markt	3.30	12:07	3:40	1	-	4	1:36	26.20	2:00:26	4:35	1	-	14	21:23