



43. Brockenlauf
Ilseburg / 07.09.2013

Detailed evaluation

Stelter, Joachim

Club: Müritzsportclub Waren
Number: 185

Course: 26.20 km
26,2 km - Lauf

Category:
Männer (20-29 Jahre)

Total time: 2:02:16

Speed: 12.76 km/h
Running performance: 4:40 min/km

Rank in course/Total: 16 (of 456)

Rank in course/Men: 16 (of 399)

Best time in course: 1:39:03

Rank in category: 7(of 40)

Best time in the category: 1:41:42

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	14:56	4:31	9	2:25	26	2:25	3.30	14:56	4:31	27		16	2:21
Schlüsie	3.10	16:12	5:13	7	2:50	17	2:50	6.40	31:08	4:51	27		16	5:08
Hermannsklippe	2.60	14:34	5:36	8	3:01	23	3:01	9.00	45:42	5:04	27		16	8:02
Brocken	3.10	24:00	7:44	11	5:59	30	5:59	12.10	1:09:42	5:45	27		16	13:38
Eiserner Handwe	3.60	14:18	3:58	5	2:15	13	2:15	15.70	1:24:00	5:21	27		16	15:50
Schlüsie	4.10	13:47	3:21	6	2:25	15	2:49	19.80	1:37:47	4:56	27		16	18:39
Loddenke	3.10	11:39	3:45	6	1:32	15	2:15	22.90	1:49:26	4:46	27		16	20:54
Ilseburg/Markt	3.30	12:50	3:53	5	1:24	12	2:19	26.20	2:02:16	4:40	7	20:34	16	23:13