



43. Brockenlauf
Ilseburg / 07.09.2013

Detailed evaluation

Olschewsky, Jörg

Club: BSG Porsche
Number: 128

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 2:02:59

Speed: 12.68 km/h
Running performance: 4:41 min/km

Rank in course/Total: 18 (of 456)

Rank in course/Men: 18 (of 399)

Best time in course: 1:39:03

Rank in category: 2(of 99)

Best time in the category: 2:00:26

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	14:12	4:18	1	-	11	1:41	3.30	14:12	4:18	75		18	1:37
Schlüsie	3.10	16:04	5:10	1	-	15	2:42	6.40	30:16	4:43	75		18	4:16
Hermannsklippe	2.60	14:21	5:31	2	0:06	18	2:48	9.00	44:37	4:57	75		18	6:57
Brocken	3.10	22:41	7:19	2	0:03	15	4:40	12.10	1:07:18	5:33	75		18	11:14
Eiserner Handwe	3.60	14:52	4:07	4	0:29	24	2:49	15.70	1:22:10	5:14	75		18	14:00
Schlüsie	4.10	15:03	3:40	7	1:03	44	4:05	19.80	1:37:13	4:54	75		18	18:05
Loddenke	3.10	12:22	3:59	5	1:13	30	2:58	22.90	1:49:35	4:47	75		18	21:03
Ilseburg/Markt	3.30	13:24	4:03	4	1:17	26	2:53	26.20	2:02:59	4:41	2	2:33	18	23:56