



43. Brockenlauf  
Ilseburg / 07.09.2013

Detailed evaluation

Treziak, Jörg

Club: FSV GW Ilseburg  
Number: 470

Course: 26.20 km  
26,2 km - Lauf

Category:  
Männer (20-29 Jahre)

Total time: 2:05:56

Speed: 12.39 km/h  
Running performance: 4:49 min/km

Rank in course/Total: 28 (of 456)

Rank in course/Men: 28 (of 399)

Best time in course: 1:39:03

Rank in category: 9(of 40)

Best time in the category: 1:41:42

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	14:16	4:19	5	1:45	15	1:45	3.30	14:16	4:19	29		28	1:41
Schlüsie	3.10	15:58	5:09	6	2:36	14	2:36	6.40	30:14	4:43	29		28	4:14
Hermannsklippe	2.60	14:28	5:33	7	2:55	21	2:55	9.00	44:42	4:58	29		28	7:02
Brocken	3.10	23:59	7:44	10	5:58	28	5:58	12.10	1:08:41	5:40	26		15	12:37
Eiserner Handwe	3.60	15:32	4:18	10	3:29	38	3:29	15.70	1:24:13	5:21	29		28	16:03
Schlüsie	4.10	14:46	3:36	10	3:24	33	3:48	19.80	1:38:59	4:59	29		28	19:51
Loddenke	3.10	12:21	3:59	8	2:14	29	2:57	22.90	1:51:20	4:51	29		28	22:48
Ilseburg/Markt	3.30	14:36	4:25	16	3:10	75	4:05	26.20	2:05:56	4:48	9	24:14	28	26:53