



43. Brockenlauf
Ilseburg / 07.09.2013

Detailed evaluation

Rebitzky, Rafael

Club: Delligser SC
Number: 387

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M35 (35-39 Jahre)

Total time: 2:08:45

Speed: 12.12 km/h
Running performance: 4:55 min/km

Rank in course/Total: 33 (of 456)

Rank in course/Men: 33 (of 399)

Best time in course: 1:39:03

Rank in category: 5(of 39)

Best time in the category: 1:50:24

Intermediate times

Stage score

Total ranking

Control	Intermediate times					Stage score			Total ranking						
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Loddenke	3.30	15:45	4:46	6	1:53	46	3:14	3.30	15:45	4:46	25		33	3:10	
Schlüsie	3.10	17:24	5:36	9	2:21	51	4:02	6.40	33:09	5:10	25		33	7:09	
Hermannsklippe	2.60	15:14	5:51	8	2:12	42	3:41	9.00	48:23	5:22	25		33	10:43	
Brocken	3.10	24:39	7:57	6	4:07	36	6:38	12.10	1:13:02	6:02	25		33	16:58	
Eiserner Handwe	3.60	14:55	4:08	4	1:59	27	2:52	15.70	1:27:57	5:36	25		33	19:47	
Schlüsie	4.10	14:58	3:39	7	2:39	41	4:00	19.80	1:42:55	5:11	25		33	23:47	
Loddenke	3.10	11:58	3:51	4	1:26	23	2:34	22.90	1:54:53	5:01	25		33	26:21	
Ilseburg/Markt	3.30	13:52	4:12	6	1:44	42	3:21	26.20	2:08:45	4:54	5	18:21	33	29:42	