



43. Brockenlauf
Ilsenburg / 07.09.2013

Detailed evaluation

Wadehn, Ricky

Club: Brockenlaufverein Ilsenburg
Number: 136

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M35 (35-39 Jahre)

Total time: 2:10:22

Speed: 11.97 km/h
Running performance: 4:59 min/km

Rank in course/Total: 36 (of 456)

Rank in course/Men: 36 (of 399)

Best time in course: 1:39:03

Rank in category: 6(of 39)

Best time in the category: 1:50:24

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	15:46	4:46	7	1:54	48	3:15	3.30	15:46	4:46	26		36	3:11
Schlüsie	3.10	16:42	5:23	6	1:39	32	3:20	6.40	32:28	5:04	26		35	6:28
Hermannsklippe	2.60	14:50	5:42	6	1:48	34	3:17	9.00	47:18	5:15	26		36	9:38
Brocken	3.10	25:21	8:10	7	4:49	50	7:20	12.10	1:12:39	6:00	26		36	16:35
Eiserner Handwe	3.60	15:27	4:17	6	2:31	36	3:24	15.70	1:28:06	5:36	26		36	19:56
Schlüsie	4.10	15:14	3:42	9	2:55	50	4:16	19.80	1:43:20	5:13	26		36	24:12
Loddenke	3.10	12:30	4:01	5	1:58	35	3:06	22.90	1:55:50	5:03	26		36	27:18
Ilsenburg/Markt	3.30	14:32	4:24	10	2:24	70	4:01	26.20	2:10:22	4:58	6	19:58	36	31:19