



43. Brockenlauf
Ilseburg / 07.09.2013

Detailed evaluation

Winkler, Martin

Club: Lg Jessen
Number: 164

Course: 26.20 km
26,2 km - Lauf

Category:
Männer (20-29 Jahre)

Total time: 2:11:10

Speed: 11.89 km/h
Running performance: 5:01 min/km

Rank in course/Total: 41 (of 456)

Rank in course/Men: 41 (of 399)

Best time in course: 1:39:03

Rank in category: 12(of 40)

Best time in the category: 1:41:42

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	17:21	5:15	19	4:50	104	4:50	3.30	17:21	5:15	32		41	4:46
Schlüsie	3.10	16:55	5:27	12	3:33	38	3:33	6.40	34:16	5:21	32		41	8:16
Hermannsklippe	2.60	14:42	5:39	11	3:09	28	3:09	9.00	48:58	5:26	32		41	11:18
Brocken	3.10	22:38	7:18	6	4:37	13	4:37	12.10	1:11:36	5:55	32		41	15:32
Eiserner Handwe	3.60	16:40	4:37	15	4:37	82	4:37	15.70	1:28:16	5:37	32		41	20:06
Schlüsie	4.10	15:38	3:48	14	4:16	65	4:40	19.80	1:43:54	5:14	32		41	24:46
Loddenke	3.10	12:49	4:08	13	2:42	54	3:25	22.90	1:56:43	5:05	32		41	28:11
Ilseburg/Markt	3.30	14:27	4:22	14	3:01	64	3:56	26.20	2:11:10	5:00	12	29:28	41	32:07