



43. Brockenlauf  
Ilseburg / 07.09.2013

Detailed evaluation

Josten, Bianca

Club: Jena  
Number: 343

Course: 26.20 km  
26,2 km - Lauf

Category:  
Frauen (20-29 Jahre)

Total time: 2:12:28

Speed: 11.78 km/h  
Running performance: 5:04 min/km

Rank in course/Total: 49 (of 456)

Rank in course/Women: 2 (of 57)

Best time in course: 2:11:42

Rank in category: 1(of 7)

Best time in the category: 2:12:28

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Loddenke	3.30	16:50	5:06	2	1:09	4	1:09	3.30	16:50	5:06	1	-	31	
Schlüsie	3.10	17:26	5:37	1	-	2	0:02	6.40	34:16	5:21	1	-	31	
Hermannsklippe	2.60	15:30	5:57	1	-	2	0:14	9.00	49:46	5:31	1	-	31	
Brocken	3.10	26:03	8:24	1	-	3	1:38	12.10	1:15:49	6:15	1	-	31	
Eiserner Handwe	3.60	16:06	4:28	1	-	4	0:15	15.70	1:31:55	5:51	1	-	31	
Schlüsie	4.10	14:58	3:39	1	-	3	0:35	19.80	1:46:53	5:23	1	-	31	
Loddenke	3.10	12:15	3:57	1	-	1	-	22.90	1:59:08	5:12	1	-	31	
Ilseburg/Markt	3.30	13:20	4:02	1	-	1	-	26.20	2:12:28	5:03	1	-	2	0:46