



43. Brockenlauf
Ilseburg / 07.09.2013

Detailed evaluation

Gerlach, Christoph

Club: Berlin
Number: 209

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M35 (35-39 Jahre)

Total time: 2:12:35

Speed: 11.77 km/h
Running performance: 5:04 min/km

Rank in course/Total: 50 (of 456)

Rank in course/Men: 48 (of 399)

Best time in course: 1:39:03

Rank in category: 8(of 39)

Best time in the category: 1:50:24

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	15:59	4:50	10	2:07	58	3:28	3.30	15:59	4:50	28		48	3:24
Schlüsie	3.10	15:50	5:06	3	0:47	12	2:28	6.40	31:49	4:58	28		20	5:49
Hermannsklippe	2.60	14:41	5:38	4	1:39	27	3:08	9.00	46:30	5:10	28		48	8:50
Brocken	3.10	27:19	8:48	14	6:47	93	9:18	12.10	1:13:49	6:06	28		48	17:45
Eiserner Handwe	3.60	16:18	4:31	12	3:22	71	4:15	15.70	1:30:07	5:44	28		48	21:57
Schlüsie	4.10	16:13	3:57	14	3:54	92	5:15	19.80	1:46:20	5:22	28		48	27:12
Loddenke	3.10	12:49	4:08	9	2:17	54	3:25	22.90	1:59:09	5:12	28		48	30:37
Ilseburg/Markt	3.30	13:26	4:04	4	1:18	27	2:55	26.20	2:12:35	5:03	8	22:11	48	33:32