



43. Brockenlauf
Ilseburg / 07.09.2013

Detailed evaluation

Götze, Danny

Club: NRT-Bad Bikes
Number: 493

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M35 (35-39 Jahre)

Total time: 2:14:59

Speed: 11.56 km/h
Running performance: 5:09 min/km

Rank in course/Total: 59 (of 456)

Rank in course/Men: 57 (of 399)

Best time in course: 1:39:03

Rank in category: 9(of 39)

Best time in the category: 1:50:24

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	15:29	4:41	5	1:37	35	2:58	3.30	15:29	4:41	29		57	2:54
Schlüsie	3.10	17:25	5:37	10	2:22	52	4:03	6.40	32:54	5:08	29		57	6:54
Hermannsklippe	2.60	15:54	6:06	12	2:52	67	4:21	9.00	48:48	5:25	29		49	11:08
Brocken	3.10	25:28	8:12	8	4:56	54	7:27	12.10	1:14:16	6:08	29		57	18:12
Eiserner Handwe	3.60	15:40	4:21	7	2:44	44	3:37	15.70	1:29:56	5:43	29		57	21:46
Schlüsie	4.10	15:41	3:49	11	3:22	68	4:43	19.80	1:45:37	5:20	29		57	26:29
Loddenke	3.10	14:00	4:30	15	3:28	122	4:36	22.90	1:59:37	5:13	29		57	31:05
Ilseburg/Markt	3.30	15:22	4:39	15	3:14	112	4:51	26.20	2:14:59	5:09	9	24:35	57	35:56