



43. Brockenlauf
Ilseburg / 07.09.2013

Detailed evaluation

Hackbarth, Lisa

Club: SV Rot-Weiß Abbenrode
Number: 613

Course: 3.90 km
3,9 km - Lauf

Category:
weibliche Jugend U16 (14-15 Jahre)

Total time: 21:57

Speed: 8.20 km/h
Running performance: 5:38 min/km

Rank in course/Total: 24 (of 41)

Rank in course/Women: 5 (of 15)

Best time in course: 18:51

Rank in category: 2(of 5)

Best time in the category: 19:02

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Women	Women	km	Time	min/km	Cat.	Cat.	Women	Women
Prinzess Ilse Que	1.90	11:47	6:12	2	1:56	5	2:07	1.90	11:47	6:12	2	1:56	5	2:07
Ilseburg/Markt	2.00	10:10	5:04	2	0:59	5	0:59	3.90	21:57	5:37	2	2:55	5	3:06