



43. Brockenlauf  
Ilseburg / 07.09.2013

Detailed evaluation

Hattwich, Stephan

Club: Beierstedt  
Number: 412

Course: 26.20 km  
26,2 km - Lauf

Category:  
Senioren M30 (30-34 Jahre)

Total time: 2:16:10

Speed: 11.46 km/h  
Running performance: 5:12 min/km

Rank in course/Total: 63 (of 456)

Rank in course/Men: 61 (of 399)

Best time in course: 1:39:03

Rank in category: 9(of 32)

Best time in the category: 1:39:03

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	16:11	4:54	10	3:36	65	3:40	3.30	16:11	4:54	25		61	3:36
Schlüsie	3.10	16:33	5:20	3	3:08	30	3:11	6.40	32:44	5:06	25		61	6:44
Hermannsklippe	2.60	14:35	5:36	4	2:55	24	3:02	9.00	47:19	5:15	25		61	9:39
Brocken	3.10	25:17	8:09	7	6:53	49	7:16	12.10	1:12:36	6:00	25		61	16:32
Eiserner Handwe	3.60	15:52	4:24	7	3:46	51	3:49	15.70	1:28:28	5:38	25		61	20:18
Schlüsie	4.10	16:16	3:58	11	5:18	94	5:18	19.80	1:44:44	5:17	25		61	25:36
Loddenke	3.10	14:41	4:44	18	5:17	167	5:17	22.90	1:59:25	5:12	25		61	30:53
Ilseburg/Markt	3.30	16:45	5:04	19	6:14	186	6:14	26.20	2:16:10	5:11	9	37:07	61	37:07