



43. Brockenlauf
Ilseburg / 07.09.2013

Detailed evaluation

Tille, Stephan

Club: Elstertal Bad Köstritz
Number: 64

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 2:16:43

Speed: 11.41 km/h
Running performance: 5:13 min/km

Rank in course/Total: 67 (of 456)

Rank in course/Men: 64 (of 399)

Best time in course: 1:39:03

Rank in category: 16(of 99)

Best time in the category: 2:00:26

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	18:16	5:32	34	4:04	152	5:45	3.30	18:16	5:32	61		64	5:41
Schlüsie	3.10	18:18	5:54	19	2:14	87	4:56	6.40	36:34	5:42	61		64	10:34
Hermannsklippe	2.60	16:12	6:13	17	1:57	80	4:39	9.00	52:46	5:51	61		64	15:06
Brocken	3.10	26:41	8:36	18	4:03	78	8:40	12.10	1:19:27	6:33	61		64	23:23
Eiserner Handwe	3.60	16:11	4:29	14	1:48	63	4:08	15.70	1:35:38	6:05	61		64	27:28
Schlüsie	4.10	15:20	3:44	12	1:20	54	4:22	19.80	1:50:58	5:36	61		64	31:50
Loddenke	3.10	12:22	3:59	5	1:13	30	2:58	22.90	2:03:20	5:23	61		64	34:48
Ilseburg/Markt	3.30	13:23	4:03	3	1:16	25	2:52	26.20	2:16:43	5:13	16	16:17	64	37:40