



43. Brockenlauf  
Ilseburg / 07.09.2013

Detailed evaluation

Schiefer, Thomas

Club: Leipzig  
Number: 51

Course: 26.20 km  
26,2 km - Lauf

Category:  
Senioren M35 (35-39 Jahre)

Total time: 2:17:03

Speed: 11.38 km/h  
Running performance: 5:14 min/km

Rank in course/Total: 69 (of 456)

Rank in course/Men: 66 (of 399)

Best time in course: 1:39:03

Rank in category: 10(of 39)

Best time in the category: 1:50:24

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	18:35	5:37	19	4:43	165	6:04	3.30	18:35	5:37	30		66	6:00
Schlüsie	3.10	18:18	5:54	13	3:15	87	4:56	6.40	36:53	5:45	30		66	10:53
Hermannsklippe	2.60	15:33	5:58	10	2:31	54	4:00	9.00	52:26	5:49	30		66	14:46
Brocken	3.10	25:44	8:18	9	5:12	57	7:43	12.10	1:18:10	6:27	30		66	22:06
Eiserner Handwe	3.60	16:01	4:26	10	3:05	58	3:58	15.70	1:34:11	5:59	30		66	26:01
Schlüsie	4.10	15:11	3:42	8	2:52	49	4:13	19.80	1:49:22	5:31	30		66	30:14
Loddenke	3.10	12:46	4:07	8	2:14	52	3:22	22.90	2:02:08	5:20	30		66	33:36
Ilseburg/Markt	3.30	14:55	4:31	13	2:47	93	4:24	26.20	2:17:03	5:13	10	26:39	66	38:00