



43. Brockenlauf
Ilseburg / 07.09.2013

Detailed evaluation

Irmer, Tobias

Club: Magdeburg
Number: 59

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M40 (40-44 Jahre)

Total time: 2:17:05

Speed: 11.38 km/h
Running performance: 5:14 min/km

Rank in course/Total: 70 (of 456)

Rank in course/Men: 67 (of 399)

Best time in course: 1:39:03

Rank in category: 12(of 55)

Best time in the category: 1:50:22

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	15:48	4:47	10	2:25	50	3:17	3.30	15:48	4:47	40		58	3:13
Schlüsie	3.10	17:44	5:43	12	3:17	65	4:22	6.40	33:32	5:14	40		67	7:32
Hermannsklippe	2.60	15:52	6:06	12	2:52	65	4:19	9.00	49:24	5:29	40		67	11:44
Brocken	3.10	27:39	8:55	21	7:21	103	9:38	12.10	1:17:03	6:22	40		67	20:59
Eiserner Handwe	3.60	16:38	4:37	15	3:20	79	4:35	15.70	1:33:41	5:58	40		67	25:31
Schlüsie	4.10	16:06	3:55	19	3:44	86	5:08	19.80	1:49:47	5:32	40		67	30:39
Loddenke	3.10	12:49	4:08	12	2:17	54	3:25	22.90	2:02:36	5:21	40		67	34:04
Ilseburg/Markt	3.30	14:29	4:23	13	2:22	65	3:58	26.20	2:17:05	5:13	12	26:43	67	38:02