



43. Brockenlauf  
Ilsenburg / 07.09.2013

Detailed evaluation

Kommerau, Carola

Club: Ilsenburg  
Number: 962

Course: 9.60 km  
9,6 km - Wanderung

Category:  
Frauen

Total time: 1:26:59

Speed: 6.21 km/h  
Running performance: 9:04 min/km

Rank in course/Total: 7 (of 20)  
Rank in course/Women: 2 (of 10)  
Best time in course: 1:18:06

Rank in category: 2(of 10)  
Best time in the category: 1:18:06

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Ilsestein	4.10	39:20	9:35	2	3:39	2	3:39	4.10	39:20	9:35	2	3:39	2	3:39
Loddenke	2.20	18:24	8:21	2	1:28	2	1:28	6.30	57:44	9:09	2	5:07	2	5:07
Ilsenburg/Markt	3.30	29:15	8:51	4	3:46	4	3:46	9.60	1:26:59	9:03	2	8:53	2	8:53