



43. Brockenlauf
Ilsenburg / 07.09.2013

Detailed evaluation

Kugenbuch, Olaf

Club: Brockenlaufverein Ilsenburg
Number: 241

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M40 (40-44 Jahre)

Total time: 2:17:13

Speed: 11.37 km/h
Running performance: 5:14 min/km

Rank in course/Total: 73 (of 456)

Rank in course/Men: 70 (of 399)

Best time in course: 1:39:03

Rank in category: 13(of 55)

Best time in the category: 1:50:22

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	17:11	5:12	20	3:48	98	4:40	3.30	17:11	5:12	41		70	4:36
Schlüsie	3.10	17:38	5:41	11	3:11	59	4:16	6.40	34:49	5:26	41		70	8:49
Hermannsklippe	2.60	15:27	5:56	10	2:27	50	3:54	9.00	50:16	5:35	41		70	12:36
Brocken	3.10	24:28	7:53	7	4:10	31	6:27	12.10	1:14:44	6:10	41		70	18:40
Eiserner Handwe	3.60	17:26	4:50	24	4:08	128	5:23	15.70	1:32:10	5:52	41		70	24:00
Schlüsie	4.10	16:55	4:07	29	4:33	127	5:57	19.80	1:49:05	5:30	41		70	29:57
Loddenke	3.10	13:53	4:28	21	3:21	112	4:29	22.90	2:02:58	5:22	41		70	34:26
Ilsenburg/Markt	3.30	14:15	4:19	11	2:08	54	3:44	26.20	2:17:13	5:14	13	26:51	70	38:10