



43. Brockenlauf
Ilseburg / 07.09.2013

Detailed evaluation

Greulich, Lutz

Total time: 2:17:52

Club: ESV 49 Angermünde Laufgruppe -Die Lokvögel
Number: 206

Speed: 11.32 km/h

Running performance: 5:16 min/km

Course: 26.20 km
26,2 km - Lauf

Rank in course/Total: 75 (of 456)

Rank in course/Men: 72 (of 399)

Best time in course: 1:39:03

Category:

Rank in category: 18(of 99)

Senioren M45 (45-49 Jahre)

Best time in the category: 2:00:26

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	17:13	5:13	24	3:01	99	4:42	3.30	17:13	5:13	59		56	4:38
Schlüsie	3.10	18:11	5:51	18	2:07	85	4:49	6.40	35:24	5:31	59		72	9:24
Hermannsklippe	2.60	16:13	6:14	18	1:58	81	4:40	9.00	51:37	5:44	59		72	13:57
Brocken	3.10	27:24	8:50	20	4:46	95	9:23	12.10	1:19:01	6:31	59		72	22:57
Eiserner Handwe	3.60	15:39	4:20	8	1:16	43	3:36	15.70	1:34:40	6:01	59		72	26:30
Schlüsie	4.10	15:15	3:43	10	1:15	51	4:17	19.80	1:49:55	5:33	59		72	30:47
Loddenke	3.10	12:58	4:10	15	1:49	62	3:34	22.90	2:02:53	5:21	59		72	34:21
Ilseburg/Markt	3.30	14:59	4:32	22	2:52	97	4:28	26.20	2:17:52	5:15	18	17:26	72	38:49