



43. Brockenlauf
Ilseburg / 07.09.2013

Detailed evaluation

Kraska, Doreen

Club: Mrs. Sporty Magdeburg
Number: 458

Course: 26.20 km
26,2 km - Lauf

Category:
Seniorinnen W30 (30-34 Jahre)

Total time: 2:18:44

Speed: 11.24 km/h
Running performance: 5:18 min/km

Rank in course/Total: 80 (of 456)

Rank in course/Women: 4 (of 57)

Best time in course: 2:11:42

Rank in category: 1(of 5)

Best time in the category: 2:18:44

| Intermediate times | | | | Stage score | | | | Total ranking | | | | | | |
|--------------------|----------|------------|--------------|-------------|-------------|-----------|--------------|---------------|------------|--------------|----------|-------------|-----------|--------------|
| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Women | Behind Women | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Women | Behind Women |
| Loddenke | 3.30 | 16:22 | 4:57 | 1 | - | 3 | 0:41 | 3.30 | 16:22 | 4:57 | 1 | - | 33 | |
| Schlüsie | 3.10 | 18:12 | 5:52 | 1 | - | 4 | 0:48 | 6.40 | 34:34 | 5:24 | 1 | - | 33 | |
| Hermannsklippe | 2.60 | 17:00 | 6:32 | 1 | - | 6 | 1:44 | 9.00 | 51:34 | 5:43 | 1 | - | 33 | |
| Brocken | 3.10 | 28:48 | 9:17 | 1 | - | 5 | 4:23 | 12.10 | 1:20:22 | 6:38 | 1 | - | 33 | |
| Eiserner Handwe | 3.60 | 16:00 | 4:26 | 1 | - | 2 | 0:09 | 15.70 | 1:36:22 | 6:08 | 1 | - | 33 | |
| Schlüsie | 4.10 | 14:55 | 3:38 | 1 | - | 2 | 0:32 | 19.80 | 1:51:17 | 5:37 | 1 | - | 33 | |
| Loddenke | 3.10 | 12:34 | 4:03 | 1 | - | 2 | 0:19 | 22.90 | 2:03:51 | 5:24 | 1 | - | 33 | |
| Ilseburg/Markt | 3.30 | 14:53 | 4:30 | 1 | - | 5 | 1:33 | 26.20 | 2:18:44 | 5:17 | 1 | - | 4 | 7:02 |