



43. Brockenlauf
Ilseburg / 07.09.2013

Detailed evaluation

Minner, Mathias

Club: Ironafter
Number: 342

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M30 (30-34 Jahre)

Total time: 2:19:49

Speed: 11.24 km/h
Running performance: 5:20 min/km

Rank in course/Total: 82 (of 456)

Rank in course/Men: 78 (of 399)

Best time in course: 1:39:03

Rank in category: 10(of 32)

Best time in the category: 1:39:03

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	17:04	5:10	12	4:29	93	4:33	3.30	17:04	5:10	24		78	4:29
Schlüsie	3.10	18:20	5:54	12	4:55	90	4:58	6.40	35:24	5:31	24		72	9:24
Hermannsklippe	2.60	16:28	6:19	12	4:48	88	4:55	9.00	51:52	5:45	24		78	14:12
Brocken	3.10	26:18	8:29	12	7:54	72	8:17	12.10	1:18:10	6:27	24		66	22:06
Eiserner Handwe	3.60	16:24	4:33	8	4:18	74	4:21	15.70	1:34:34	6:01	24		78	26:24
Schlüsie	4.10	15:57	3:53	8	4:59	78	4:59	19.80	1:50:31	5:34	24		78	31:23
Loddenke	3.10	13:26	4:19	8	4:02	83	4:02	22.90	2:03:57	5:24	24		78	35:25
Ilseburg/Markt	3.30	15:52	4:48	16	5:21	139	5:21	26.20	2:19:49	5:20	10	40:46	78	40:46