



43. Brockenlauf
Ilseburg / 07.09.2013

Detailed evaluation

Wulf, Martin

Club: SV Brenkhausen/Bosseborn
Number: 460

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M50 (50-54 Jahre)

Total time: 2:22:06

Speed: 10.98 km/h
Running performance: 5:25 min/km

Rank in course/Total: 90 (of 456)

Rank in course/Men: 85 (of 399)

Best time in course: 1:39:03

Rank in category: 10(of 63)

Best time in the category: 2:02:34

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	16:57	5:08	10	2:09	89	4:26	3.30	16:57	5:08	42		85	4:22
Schlüsie	3.10	18:03	5:49	11	1:42	78	4:41	6.40	35:00	5:28	42		85	9:00
Hermannsklippe	2.60	16:22	6:17	10	2:05	85	4:49	9.00	51:22	5:42	42		85	13:42
Brocken	3.10	27:50	8:58	14	4:55	107	9:49	12.10	1:19:12	6:32	42		85	23:08
Eiserner Handwe	3.60	16:13	4:30	6	1:30	66	4:10	15.70	1:35:25	6:04	42		85	27:15
Schlüsie	4.10	15:54	3:52	7	2:10	76	4:56	19.80	1:51:19	5:37	42		85	32:11
Loddenke	3.10	13:46	4:26	13	2:01	104	4:22	22.90	2:05:05	5:27	42		85	36:33
Ilseburg/Markt	3.30	17:01	5:09	31	3:53	198	6:30	26.20	2:22:06	5:25	10	19:32	85	43:03