



43. Brockenlauf
Ilseburg / 07.09.2013

Detailed evaluation

Teske, Peter

Club: Barntrut
Number: 424

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 2:22:41

Speed: 10.93 km/h
Running performance: 5:27 min/km

Rank in course/Total: 93 (of 456)

Rank in course/Men: 88 (of 399)

Best time in course: 1:39:03

Rank in category: 19(of 99)

Best time in the category: 2:00:26

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	17:43	5:22	29	3:31	116	5:12	3.30	17:43	5:22	58		88	5:08
Schlüsie	3.10	18:32	5:58	20	2:28	96	5:10	6.40	36:15	5:39	58		88	10:15
Hermannsklippe	2.60	17:00	6:32	23	2:45	113	5:27	9.00	53:15	5:55	58		88	15:35
Brocken	3.10	27:24	8:50	20	4:46	95	9:23	12.10	1:20:39	6:39	58		88	24:35
Eiserner Handwe	3.60	17:16	4:47	30	2:53	119	5:13	15.70	1:37:55	6:14	58		88	29:45
Schlüsie	4.10	16:36	4:02	27	2:36	113	5:38	19.80	1:54:31	5:47	58		88	35:23
Loddenke	3.10	13:36	4:23	24	2:27	92	4:12	22.90	2:08:07	5:35	58		88	39:35
Ilseburg/Markt	3.30	14:34	4:24	16	2:27	72	4:03	26.20	2:22:41	5:26	19	22:15	88	43:38