



43. Brockenlauf  
Ilseburg / 07.09.2013

Detailed evaluation

Schwarzkopf, Helmut

Club: SV Kyffhäuser  
Number: 244

Course: 26.20 km  
26,2 km - Lauf

Category:  
Senioren M60 (60-64 Jahre)

Total time: 2:22:49

Speed: 10.92 km/h  
Running performance: 5:27 min/km

Rank in course/Total: 95 (of 456)

Rank in course/Men: 90 (of 399)

Best time in course: 1:39:03

Rank in category: 1(of 20)

Best time in the category: 2:22:49

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	16:46	5:04	1	-	81	4:15	3.30	16:46	5:04	11	-	90	4:11
Schlüsie	3.10	18:58	6:07	1	-	113	5:36	6.40	35:44	5:34	11	-	90	9:44
Hermannsklippe	2.60	17:09	6:35	1	-	121	5:36	9.00	52:53	5:52	11	-	90	15:13
Brocken	3.10	27:58	9:01	1	-	110	9:57	12.10	1:20:51	6:40	11	-	90	24:47
Eiserner Handwe	3.60	16:33	4:35	1	-	78	4:30	15.70	1:37:24	6:12	11	-	90	29:14
Schlüsie	4.10	16:13	3:57	1	-	92	5:15	19.80	1:53:37	5:44	11	-	90	34:29
Loddenke	3.10	13:45	4:26	1	-	102	4:21	22.90	2:07:22	5:33	11	-	90	38:50
Ilseburg/Markt	3.30	15:27	4:40	1	-	119	4:56	26.20	2:22:49	5:27	1	-	90	43:46