



43. Brockenlauf
Ilseburg / 07.09.2013

Detailed evaluation

Vanhaecke, Nicolas

Club: Berlin
Number: 404

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M35 (35-39 Jahre)

Total time: 2:22:51

Speed: 10.92 km/h
Running performance: 5:27 min/km

Rank in course/Total: 97 (of 456)

Rank in course/Men: 92 (of 399)

Best time in course: 1:39:03

Rank in category: 15(of 39)

Best time in the category: 1:50:24

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	16:11	4:54	12	2:19	65	3:40	3.30	16:11	4:54	35		61	3:36
Schlüsie	3.10	17:42	5:42	11	2:39	62	4:20	6.40	33:53	5:17	35		55	7:53
Hermannsklippe	2.60	16:00	6:09	13	2:58	71	4:27	9.00	49:53	5:32	35		92	12:13
Brocken	3.10	26:01	8:23	11	5:29	66	8:00	12.10	1:15:54	6:16	35		92	19:50
Eiserner Handwe	3.60	17:06	4:45	15	4:10	108	5:03	15.70	1:33:00	5:55	35		92	24:50
Schlüsie	4.10	16:54	4:07	16	4:35	125	5:56	19.80	1:49:54	5:33	35		92	30:46
Loddenke	3.10	15:10	4:53	19	4:38	193	5:46	22.90	2:05:04	5:27	35		92	36:32
Ilseburg/Markt	3.30	17:47	5:23	23	5:39	230	7:16	26.20	2:22:51	5:27	15	32:27	92	43:48