



43. Brockenlauf  
Ilseburg / 07.09.2013

Detailed evaluation

Broutschek, Michael

Club: Wernigerode  
Number: 422

Course: 26.20 km  
26,2 km - Lauf

Category:  
Senioren M50 (50-54 Jahre)

Total time: 2:23:01

Speed: 10.91 km/h  
Running performance: 5:28 min/km

Rank in course/Total: 100 (of 456)

Rank in course/Men: 95 (of 399)

Best time in course: 1:39:03

Rank in category: 11(of 63)

Best time in the category: 2:02:34

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	18:06	5:29	22	3:18	143	5:35	3.30	18:06	5:29	43		95	5:31
Schlüsie	3.10	17:40	5:41	7	1:19	60	4:18	6.40	35:46	5:35	43		95	9:46
Hermannsklippe	2.60	17:17	6:38	22	3:00	129	5:44	9.00	53:03	5:53	43		95	15:23
Brocken	3.10	27:27	8:51	10	4:32	98	9:26	12.10	1:20:30	6:39	43		95	24:26
Eiserner Handwe	3.60	17:26	4:50	19	2:43	128	5:23	15.70	1:37:56	6:14	43		95	29:46
Schlüsie	4.10	16:33	4:02	13	2:49	111	5:35	19.80	1:54:29	5:46	43		95	35:21
Loddenke	3.10	13:07	4:13	8	1:22	70	3:43	22.90	2:07:36	5:34	43		95	39:04
Ilseburg/Markt	3.30	15:25	4:40	14	2:17	115	4:54	26.20	2:23:01	5:27	11	20:27	95	43:58