



43. Brockenlauf
Ilseburg / 07.09.2013

Detailed evaluation

Fleig, Sabine

Club: NSV Wernigerode
Number: 383

Course: 26.20 km
26,2 km - Lauf

Category:
Seniorinnen W50 (50-54 Jahre)

Total time: 2:23:33

Speed: 10.87 km/h
Running performance: 5:29 min/km

Rank in course/Total: 105 (of 456)

Rank in course/Women: 6 (of 57)

Best time in course: 2:11:42

Rank in category: 1(of 8)

Best time in the category: 2:23:33

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Loddenke	3.30	17:10	5:12	1	-	6	1:29	3.30	17:10	5:12	1	-	35	
Schlüsie	3.10	19:01	6:08	1	-	6	1:37	6.40	36:11	5:39	1	-	35	
Hermannsklippe	2.60	16:54	6:29	1	-	5	1:38	9.00	53:05	5:53	1	-	35	
Brocken	3.10	24:25	7:52	1	-	1	-	12.10	1:17:30	6:24	1	-	35	
Eiserner Handwe	3.60	17:40	4:54	1	-	10	1:49	15.70	1:35:10	6:03	1	-	35	
Schlüsie	4.10	17:06	4:10	1	-	9	2:43	19.80	1:52:16	5:40	1	-	35	
Loddenke	3.10	14:35	4:42	1	-	14	2:20	22.90	2:06:51	5:32	1	-	35	
Ilseburg/Markt	3.30	16:42	5:03	2	1:06	22	3:22	26.20	2:23:33	5:28	1	-	6	11:51