



43. Brockenlauf
Ilseburg / 07.09.2013

Detailed evaluation

Adorjan, Peter

Club: TSC Berlin
Number: 286

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M40 (40-44 Jahre)

Total time: 2:24:15

Speed: 10.81 km/h
Running performance: 5:31 min/km

Rank in course/Total: 109 (of 456)

Rank in course/Men: 102 (of 399)

Best time in course: 1:39:03

Rank in category: 18(of 55)

Best time in the category: 1:50:22

Intermediate times						Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Loddenke	3.30	20:09	6:06	47	6:46	245	7:38	3.30	20:09	6:06	46	1:54	103	7:34	
Schlüsie	3.10	19:45	6:22	30	5:18	159	6:23	6.40	39:54	6:14	46	1:02	103	13:54	
Hermannsklippe	2.60	17:01	6:32	21	4:01	114	5:28	9.00	56:55	6:19	46		103	19:15	
Brocken	3.10	25:51	8:20	12	5:33	61	7:50	12.10	1:22:46	6:50	46		103	26:42	
Eiserner Handwe	3.60	17:12	4:46	19	3:54	113	5:09	15.70	1:39:58	6:22	46		103	31:48	
Schlüsie	4.10	16:03	3:54	18	3:41	82	5:05	19.80	1:56:01	5:51	46		103	36:53	
Loddenke	3.10	13:24	4:19	17	2:52	82	4:00	22.90	2:09:25	5:39	46		103	40:53	
Ilseburg/Markt	3.30	14:50	4:29	18	2:43	87	4:19	26.20	2:24:15	5:30	18	33:53	102	45:12	