



43. Brockenlauf
Ilseburg / 07.09.2013

Detailed evaluation

Brachman, Ronald

Club: Skiclub Wernigerode
Number: 482

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M55 (55-59 Jahre)

Total time: 2:25:09

Speed: 10.75 km/h
Running performance: 5:32 min/km

Rank in course/Total: 118 (of 456)

Rank in course/Men: 111 (of 399)

Best time in course: 1:39:03

Rank in category: 3(of 30)

Best time in the category: 2:11:15

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	16:52	5:06	2	0:55	83	4:21	3.30	16:52	5:06	29		68	4:17
Schlüsie	3.10	19:37	6:19	5	2:45	152	6:15	6.40	36:29	5:42	29		111	10:29
Hermannsklippe	2.60	18:07	6:58	5	2:55	173	6:34	9.00	54:36	6:03	29		111	16:56
Brocken	3.10	29:02	9:21	3	2:52	133	11:01	12.10	1:23:38	6:54	29		111	27:34
Eiserner Handwe	3.60	16:47	4:39	3	1:13	91	4:44	15.70	1:40:25	6:23	29		111	32:15
Schlüsie	4.10	16:04	3:55	3	1:01	83	5:06	19.80	1:56:29	5:52	29		111	37:21
Loddenke	3.10	13:38	4:23	2	0:55	98	4:14	22.90	2:10:07	5:40	29		111	41:35
Ilseburg/Markt	3.30	15:02	4:33	2	1:18	99	4:31	26.20	2:25:09	5:32	3	13:54	111	46:06