



43. Brockenlauf
Ilseburg / 07.09.2013

Detailed evaluation

Rox, Andreas

Club: Ebersbach
Number: 421

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M50 (50-54 Jahre)

Total time: 2:25:57

Speed: 10.69 km/h
Running performance: 5:34 min/km

Rank in course/Total: 123 (of 456)

Rank in course/Men: 116 (of 399)

Best time in course: 1:39:03

Rank in category: 16(of 63)

Best time in the category: 2:02:34

| Intermediate times | | | | Stage score | | | | Total ranking | | | | | | |
|--------------------|----------|------------|--------------|-------------|-------------|---------|------------|---------------|------------|--------------|----------|-------------|---------|------------|
| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Loddenke | 3.30 | 18:20 | 5:33 | 26 | 3:32 | 156 | 5:49 | 3.30 | 18:20 | 5:33 | 48 | | 116 | 5:45 |
| Schlüsie | 3.10 | 19:20 | 6:14 | 23 | 2:59 | 131 | 5:58 | 6.40 | 37:40 | 5:53 | 48 | | 116 | 11:40 |
| Hermannsklippe | 2.60 | 17:02 | 6:33 | 19 | 2:45 | 115 | 5:29 | 9.00 | 54:42 | 6:04 | 48 | | 116 | 17:02 |
| Brocken | 3.10 | 26:35 | 8:34 | 5 | 3:40 | 77 | 8:34 | 12.10 | 1:21:17 | 6:43 | 48 | | 116 | 25:13 |
| Eiserner Handwe | 3.60 | 17:32 | 4:52 | 23 | 2:49 | 140 | 5:29 | 15.70 | 1:38:49 | 6:17 | 48 | | 116 | 30:39 |
| Schlüsie | 4.10 | 18:09 | 4:25 | 25 | 4:25 | 179 | 7:11 | 19.80 | 1:56:58 | 5:54 | 48 | | 116 | 37:50 |
| Loddenke | 3.10 | 13:50 | 4:27 | 14 | 2:05 | 107 | 4:26 | 22.90 | 2:10:48 | 5:42 | 48 | | 116 | 42:16 |
| Ilseburg/Markt | 3.30 | 15:09 | 4:35 | 13 | 2:01 | 104 | 4:38 | 26.20 | 2:25:57 | 5:34 | 16 | 23:23 | 116 | 46:54 |