



43. Brockenlauf
Ilsenburg / 07.09.2013

Detailed evaluation

Schmalz, Holger

Club: Brockenlaufverein Ilsenburg
Number: 138

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M50 (50-54 Jahre)

Total time: 2:26:20

Speed: 10.66 km/h
Running performance: 5:35 min/km

Rank in course/Total: 125 (of 456)

Rank in course/Men: 118 (of 399)

Best time in course: 1:39:03

Rank in category: 17(of 63)

Best time in the category: 2:02:34

Intermediate times

Stage score

Total ranking

Control	Split		Pos	Behind	Stage score		Pos	Behind	Total		Pos	Behind	Total ranking	
	km	Time			min/km	Cat.			Men	Men			km	Time
Loddenke	3.30	17:38	5:20	14	2:50	115	5:07	3.30	17:38	5:20	33		118	5:03
Schlüsie	3.10	18:42	6:01	19	2:21	104	5:20	6.40	36:20	5:40	33		82	10:20
Hermannsklippe	2.60	17:03	6:33	20	2:46	117	5:30	9.00	53:23	5:55	33		118	15:43
Brocken	3.10	27:37	8:54	12	4:42	102	9:36	12.10	1:21:00	6:41	33		118	24:56
Eiserner Handwe	3.60	18:37	5:10	27	3:54	177	6:34	15.70	1:39:37	6:20	33		118	31:27
Schlüsie	4.10	17:07	4:10	17	3:23	136	6:09	19.80	1:56:44	5:53	33		118	37:36
Loddenke	3.10	13:58	4:30	17	2:13	119	4:34	22.90	2:10:42	5:42	33		118	42:10
Ilsenburg/Markt	3.30	15:38	4:44	18	2:30	128	5:07	26.20	2:26:20	5:35	17	23:46	118	47:17